



VAMPtv
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CREATIVE ENERGY ONLINE



Series 4 Episode 54

Warning: Aboriginal and Torres Strait Islander readers should be aware that this document may contain images or names of people who have since passed away. Teachers should use discretion and sensitivity when using this content with their students.

Note to teachers:

As always, we are looking for feedback from teachers to ensure that these notes are providing genuine learning opportunities for students. We would also love input from teachers. If you have any suggestions for activities, or activities you have come up with for your class, please get in touch with us.

VAMPtv – Production team.

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EP54 - <http://web.ntschoools.net/w/NTMS/Pages/Episodes.aspx?pbs=54&pid=4>

Iron Man Kalkaringi	Hemoglobin, red blood cell	Milpirri Festival, Lajamanu
Dance, counting beats	Baniyala Garrangali, Shark	Centralian Senior College
Banner Painting, art, visual	Jokes by Toad	Skinnyfish Road Safety
Film making competition	Warruwi Trickers, back flip	Mutitjulu, Don't Worry
Music4Life		

ACTIVITIES TO DO ON YOUR OWN (OR WITH A FRIEND!)

Iron Man - A new Hip Hop song from Kalkarindji.



This one has a message about drinking tea. Drinking tea with meals can decrease the amount of iron from food that the body can take in. This is especially a problem for pregnant woman, who need more iron to help the baby grow. Taking Vitamin C from fruit and fruit juices does reverse this and allow the body to absorb more of the iron from the food. Anyway, listen to the song, and work out the missing words!

All my boys, _____ down the street
Eating some meat and drinking _____ tea
Look out boys, drop the beat
Here come the _____ man
Come on boys, stop and _____
When you eat _____ you change your drink
Milk, water and a _____ of fruit
That's the _____ if you wanna look cool
Yo, Yo we're the Gurindji girls, here's a song for the _____ world
Staying healthy, _____ sport
With this hip-hop we're _____ to get taught
Bush tucker food has lot's of iron
It's _____, we ain't lying
From bush food, we get _____ C
With _____ dinner, we don't drink tea

Missing Words

About, style, vitamin,
think, meat, dancing,
playing, piece, our,
delicious, some, iron,
entire, protecting,
plane,

Pre-chorus - Run, run, as fast as you can, you can't catch me I'm the iron man
I'm a deadly team, with vitamin C, _____ my people, in Kalkaringi

Chorus - I am the Iron man, oh yes I am, oh yes I am
Is it a bird or a _____, that's the man keeping the NIMIA away X 2

Iron Man (cont)

Hey everybody, listen to me
All my _____ in Kalkaringi
Here's a _____ message for you pregnant ladies
You need _____ iron, for your babies
When you're having a feed, _____ is the plan
_____ with him, it's the iron man
You find him in beef or kangaroo, fish, turkey, bush tucker too
Iron is important to keep _____ strong
But when you _____ tea it can all go wrong
Beware Mr T, he's off his rocker
He is Iron man's _____ blocker
Ironman needs mates to _____ him out
Vitamin C _____ a doubt
If you're _____ weak, sick or slow
Put some iron in your _____, I'm telling you bro

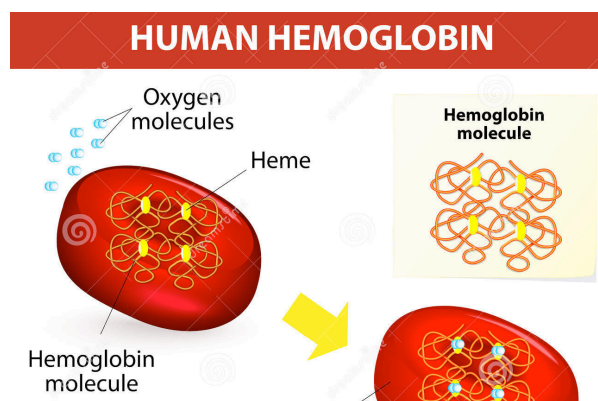
Missing Words

Family, biggest,
blood, help, feeling,
more, drink, without,
this, Stick, team, diet,
keeping, special

Pre-chorus - Run, run, as fast as you can, you can't catch me I'm the iron man
I'm a deadly _____, with vitamin C, protecting my people, in Kalkaringi

Chorus - I am the Iron man, oh yes I am, oh yes I am
Is it a bird or a plane, that's the man _____ the NIMIA away X 2

- Iron is an essential part of the proteins that transport oxygen in the body.
- They transport oxygen (air) through the blood.
- Hemoglobin, the oxygen-carrying protein in red blood cells, accounts for about two-thirds of the iron in our body.



ACTIVITIES TO DO WITH YOUR TEACHER

MILPIRRI FESTIVAL



Milpirri is named after a storm cloud that brings rain to the desert when hot and cold air combine. The rain brings hope and new life.

Milpirri is a cultural celebration by the Warlpiri people who live on the edge of the Tanami desert in the NT. The festival is held in Lajamanu and this year the theme is from the Jarda-Warnpa ceremony. This Warlpiri “Fire” ceremony is associated with ‘making good’ and reconciliation. The festival features music, dance, ceremonies and painting and brings over 250 performers and artists together to celebrate

The first Milpirri Festival was held in 2005 to bring young people back to their culture. Rehearsing and performing with elders, passes culture, history and ideas on to younger members of the community.

TASK:

Read the above information about the Milpirri Festival and answer the questions below in full sentences.

1. What is the Milpirri festival?

2. What year was the first Milpirri Festival held?

3. Why was the first festival held?

4. What is the festival named after?

5. What is the theme for the festival this year?

ACTIVITIES TO DO WITH YOUR TEACHER

Milpirri – extension question

In the article, *'Milpirri shows that black or white, we must understand the country we walk on'*, Wanta (Stephen) Jampijinpa Patrick says that Milpirri is "school".

He lists the things that Milpirri teaches. Find the paragraph where he talks about this and write the list of the things that Milpirri teaches. If you do not understand all the words, use Google to find out what they mean! Hint 'diligence' means 'careful and persistent work'

Find the article here:

www.theguardian.com/commentisfree/2014/nov/01/milpirri-shows-that-black-or-white-we-must-all-understand-the-country-we-walk-on

Milpirri teaches the whole community about;

Word definitions (what does the word mean!)

Who wrote this article? _____

How could that influence what the writer says?

Dolphin vs Shark



The students at Baniyala Garrangali School recorded this song. It is all about the idea to be good at school. Being good is not just about getting along with people and not making people upset, it also helps you learn! If something is hard, you keep on trying, you'll get you know, if you stick to it!

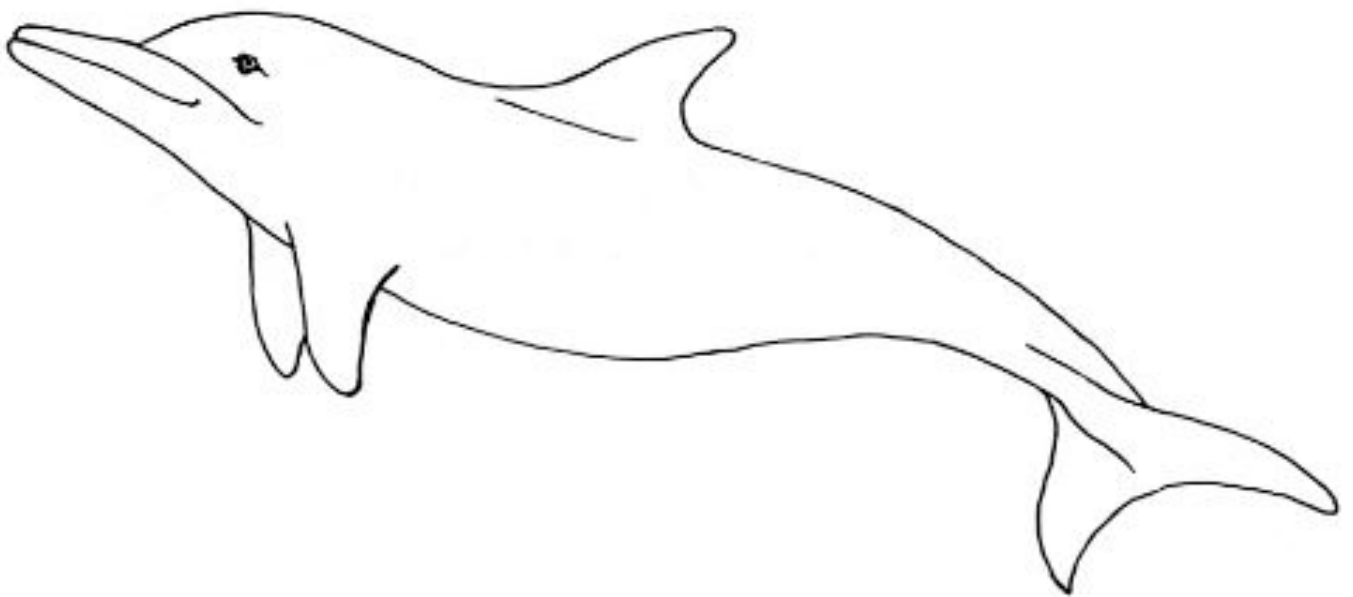
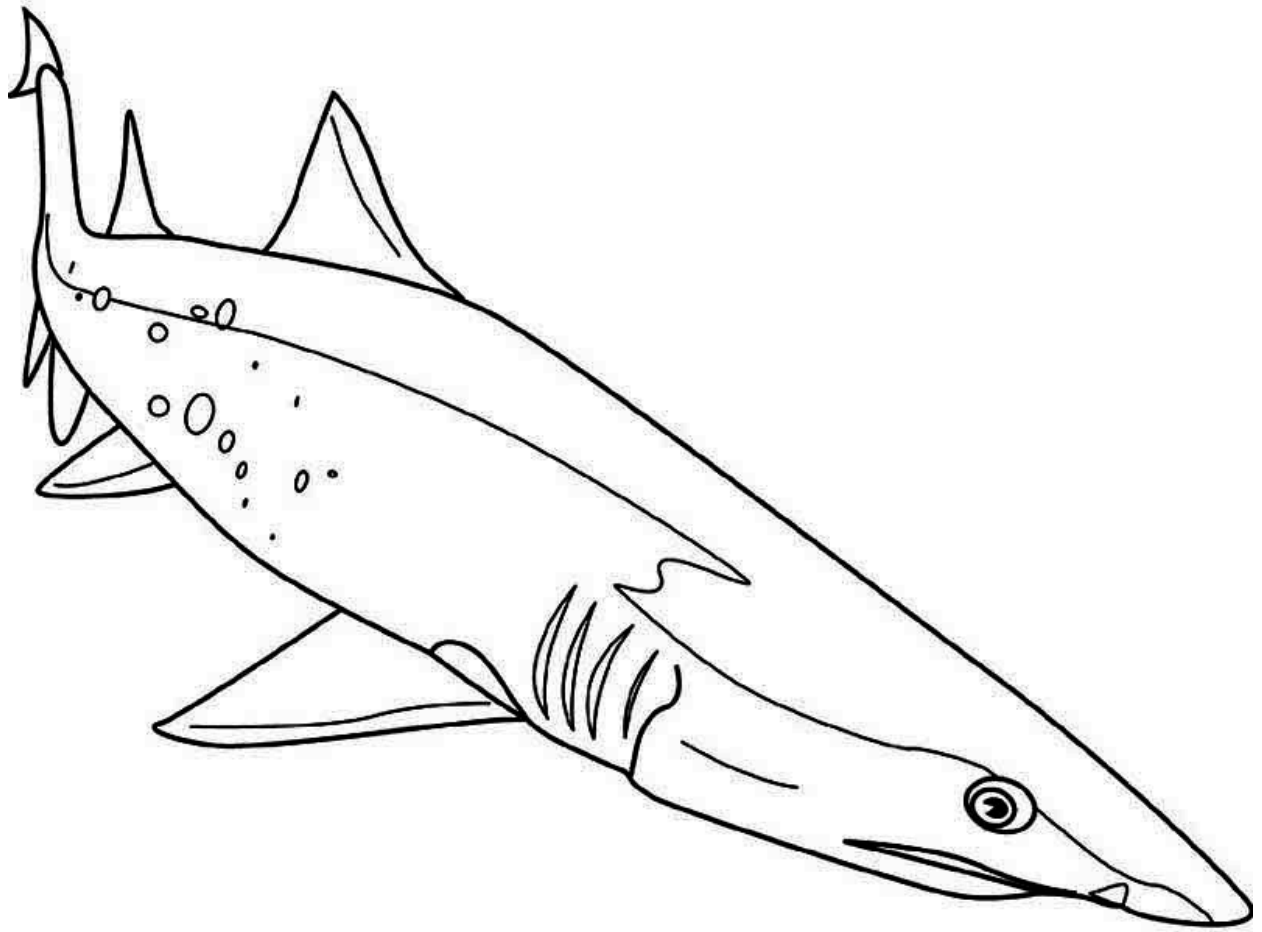
Dolphin vs Shark

q u q a x m p a s s m f
m e j t s g l g u p n t
b h q t r d d r i g h t
z d u e y y o y e d l d
o r u n z w p j r z f j
l i s t e n i n g x m c
o h b i b o c o c o u e
z e u v a z s s u y t r
y n n e p u t g q f u p
n e d d o w n s p n a l
j h y r e s p e c t l c
p e r s i s t e n c e a

attentive
listening
mutual
no put downs
pass
persistence
respect
right
try

ACTIVITIES TO DO ON YOUR OWN (OR WITH A FRIEND)

Lot's of hard work and deep thinking in these pages, now it's time to get colouring!

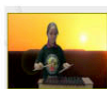




Don't forget – This is your last chance to VOTE IN THE VAMPIES!

Voting for the “People’s Choice” best video in the VAMPIES is online, cut and paste this link to have your vote, and your chance to win a VAMPtv T-Shirt!

<https://www.surveymonkey.com/r/MNBT2WM>



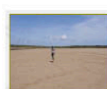
Underneath the Mango Tree Redub - Wallace Rockhole



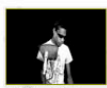
Don't Worry, Be Happy Mutitjulu



Bright Lights Big City East Journey - Yankala



Searching - Gingiri with Ruku - Milingimbi



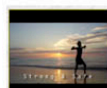
Unified - T-Bone Yuendumu



Fly Back Home - Desert Sevenz - Amplatwatja



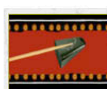
Road Safety - Urapunga



Safe and Strong Wadeye



Tjintu Desert Band - Tjintu Band - Ikuntji



Be Crocwise Pularumpi



Believe - Timber Creek



On Our Way Ikuntji



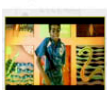
Naiyui Nambiyu Daly River



Underneath the Mango Tree - Wallace Rockhole



Vowel Bats Milyakburra



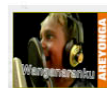
No Smoking Belyuen



Bush Food is really Good Manmoyi



Wanna Be - Lady Beats Tennant Creek



Wanganaranka Areyonga



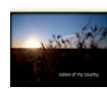
Girls From Yuendumu



Bass Beat Warriors Umbakumba



The Good, the Bad and the Dusty - The Hill Boyz - Epenarra



Colors of My Country Kintore



Go to School Elliott



